



# The Christian Methodist Episcopal Church

## Department of Christian Education

MAKING DISCIPLES through "events that FORM and TRANSFORM"

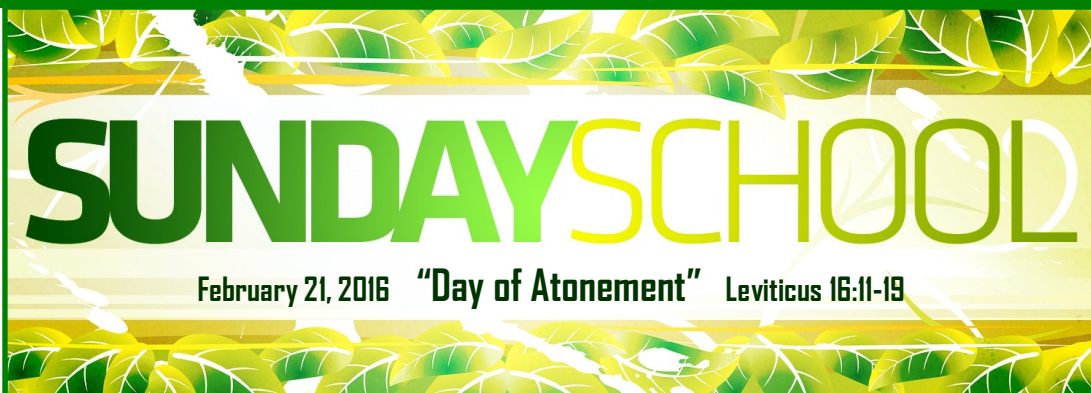
### Sunday School Lessons Unit Three "Holy Days" February 2016



We are providing these notes from the Committee on Uniform Series that prepares associated Sunday School lesson outlines long in advance of their usage. Included in this Guide are thoughts that are reflected in the Lesson Development Guide for writers of Sunday school lessons and the recommended commentary of the Department of Christian Education, The New International Lesson Annual published by Abingdon Press Nashville, Tennessee.

The Winter Quarter's lessons are presented under the theme of "Sacred Gifts and Holy Gatherings." Unit Three is entitled "Holy Days." The lessons during February like the lessons of the previous two-months focus on holy celebrations in the Jewish tradition. Jesus participates in some of these traditions of the faith.

Dr. Carmichael Crutchfield  
General Secretary



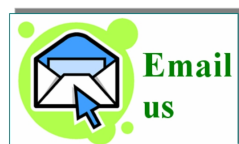
Often people regret wrongful actions committed against another and because of their guilt seek to make amends. What are some ways atonement can be made? In Leviticus, God commanded the Israelites to set aside a day in which to sacrifice animals for payment of sin's debt. Hebrews says that the blood of animals is no longer sufficient and that God has provided Jesus as the supreme sacrifice for atonement.

#### Goal for the Learners

- ✓ To explore the Day of Atonement found in Leviticus.
- ✓ To reflect on the meaning of atonement for their sins and its relevance today.
- ✓ To demonstrate identify those things in their lives needing repentance and to seek

#### Lesson Challenges for the Week

- Set aside extra time to spend with God during Lent to strengthen your relationship with God through prayer, meditation, or journaling.
- Review each day before you go to bed. Ask: What have I done to share the love of Jesus? What I have done for which I need forgiveness? Ask God for that forgiveness and rest assured that through the atoning work of Jesus you are forgiven.
- Research Yom Kippur (Day of Atonement) to learn more about the meaning of this holy day and how it is marked.



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to receive this guide electronically each week.