



# The Christian Methodist Episcopal Church

## Department of Christian Education

MAKING DISCIPLES through "events that FORM and TRANSFORM"



### Sunday School Lessons Unit Two "A Heartfelt Covenant" July 2019

This quarter will teach how Jesus fulfilled the law in the sense that it was given full meaning. Jesus emphasized the deep, underlying messages of the gospel and this same message is continued through the apostle Paul and the writer of Hebrews. Relationships of faith empower us to live the covenant and spread the gospel message.

Unit II, "A Heartfelt Covenant," has four sessions and gives new meaning and purpose to the Law. According to Matthew, Jesus began teaching the Law in a way that gave life to the hearer and doer. Unlike other teachers of the Law, Jesus preached the transforming righteousness of the Kingdom. Jesus challenged the mere external observance of God's law without internal transformation.

Dr. Carmichael Crutchfield  
General Secretary

# SUNDAY SCHOOL

July 14, 2019 "Love From The Heart" Matthew 5:21-32

### Unifying Principle

Love transforms how we relate to one another. In what form does this transformation come? Jesus teaches us how to be a reflection of his light through controlling our anger, being reconciled with others, immediately dealing with sin, and being faithful.



### Goals for the Learners

- ✓ To contrast outward conformity with the inner purity that Jesus commands.
- ✓ To repent of times we have obeyed God superficially or hypocritically.
- ✓ To respond to Jesus' call to take practical steps to live righteously.

### Challenges for the Week

- Compare and contrast living by the letter of the Law to living by the spirit of the Law.
- What are some of the damaging effects of adultery to marriage. What are the physical, emotional, and spiritual consequences that accompany adultery?
- List ways you can guard yourself against being angry with your brothers and sisters in Christ or entertaining lustful thoughts?

We are providing these notes from the Committee on Uniform Series that prepares associated Sunday School lesson outlines long in advance of their usage. Included in this Guide are thoughts that are reflected in the Lesson Development Guide for writers of Sunday school lessons and the recommended commentary of the Department of Christian Education, The New International Lesson Annual published by Abingdon Press Nashville, Tennessee. Send an email to: [sundayschool@thecmechurchced.org](mailto:sundayschool@thecmechurchced.org) to receive this guide electronically.

