



The Christian Methodist Episcopal Church Department of Christian Education

MAKING DISCIPLES through "events that FORM and TRANSFORM"

Sunday School Lessons Unit Three "Self-Controlled, Upright, and Godly Faith" February 2018

The study during the Winter quarter explores the twofold nature of faith as belief and action. Selections from Acts show various examples of proclaiming faith in Christ. In the Book of Daniel, we see faith in action as sincere, obedient, bold, and strong. The lessons from several epistles show how our actions both as individuals and as communities demonstrate our faith in Christ.

Unit III, "Self-controlled, Upright, and Godly Faith," has four lessons that look at passages from Acts, James, and First Timothy, providing specific examples of faith as both belief and action. James teaches that faith without works is dead. The lesson from First Timothy offers instructions about leading others in a life of faith.

Dr. Carmichael Crutchfield
General Secretary



We are surrounded by all kinds of advice. What is the best advice to follow? Paul charged Timothy to embrace certain attitudes and actions and avoid others in order to strengthen his faith.

Goal for the Learners

- ✓ To explore the attitudes and actions Paul charged Timothy to embrace and avoid.
- ✓ To value personally the attitudes and actions Paul charged Timothy to embrace.
- ✓ To identify personal actions and attitudes that need to be changed and commit to doing so.

Lesson Challenges for the Week

- Read other Pauline virtue-lists (1 Cor. 12:4-7; Eph. 4:2-3; 4:32-5:2; 5:9; 2 Tim. 2:22-25; 3:10, etc.). Compare and contrast these lists with that found in 1 Timothy 6:11.
- Condense Paul's instructions to a series of simple imperatives. Compose a prayer of commitment to (lay or ordained) ministry reflecting these aspects of what it means to be called into God's service.
- Reflect upon and put in writing struggles in life when believers strive to "fight the good fight," e.g., opposition to the gospel, unbelief, etc. What encouragement for these situations can be found in Paul's words to Timothy?

We are providing these notes from the Committee on Uniform Series that prepares associated Sunday School lesson outlines long in advance of their usage. Included in this Guide are thoughts that are reflected in the Lesson Development Guide for writers of Sunday school lessons and the recommended commentary of the Department of Christian Education. The New International Lesson Annual published by Abingdon Press Nashville, Tennessee.

Send an email to: sundayschool@thecmechurchced.org to receive this guide

