



The Christian Methodist Episcopal Church Department of Christian Education

MAKING DISCIPLES through "events that FORM and TRANSFORM"

Sunday School Lessons Unit Three "Self-Controlled, Upright, and Godly Faith" February 2018

The study during the Winter quarter explores the twofold nature of faith as belief and action. Selections from Acts show various examples of proclaiming faith in Christ. In the Book of Daniel, we see faith in action as sincere, obedient, bold, and strong. The lessons from several epistles show how our actions both as individuals and as communities demonstrate our faith in Christ.

Unit III, "Self-controlled, Upright, and Godly Faith," has four lessons that look at passages from Acts, James, and First Timothy, providing specific examples of faith as both belief and action. James teaches that faith without works is dead. The lesson from First Timothy offers instructions about leading others in a life of faith.

Dr. Carmichael Crutchfield
General Secretary



Everyone knows the pain and destruction that result from hurtful words. How do we keep from causing such pain and destruction? James says that we should control our tongue so that only blessings come from it.

Goal for the Learners

- ✓ To comprehend James's analogies regarding use of the tongue.
- ✓ To value a controlled tongue.
- ✓ To pray for God's help in using the tongue in ways that only result in blessings.

Lesson Challenges for the Week

- Read Genesis 1:26-28; 2:19. Note the ways speech or words play a part in the Creation account. Where in James 3 do we hear echoes of this theme? Write an answer to this question: What do our words create?
- Name your language habits when you are in different places (church, home, school, and other) during events or activities. Do you perceive speaking differently in different settings? If so, why?
- Read Psalm 141:3. Write a response to how prayer is important in fulfilling James's exhortations about controlling the tongue. Read Galatians 3, Romans 4 and James 2:14-26. Note the same words used in all three texts.

We are providing these notes from the Committee on Uniform Series that prepares associated Sunday School lesson outlines long in advance of their usage. Included in this Guide are thoughts that are reflected in the Lesson Development Guide for writers of Sunday school lessons and the recommended commentary of the Department of Christian Education, The New International Lesson Annual published by Abingdon Press Nashville, Tennessee.

Send an email to:
sundayschool@thecmechurchced.org to receive this guide electronically each week.

